

Bonneville Elementary School

1145 South 1900 East Salt Lake City, Utah 84108 A Nationally Recognized School of Excellence

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Principal Mary Lane Grisley

Dear Family,

We want your child to be as successful as possible at school. Success in school is not just about reading and math. It is also about knowing how to learn and how

to get along with others. We will be using the *Second Step* program in K-5 classrooms to teach these critical skills.

The Second Step program teaches skills in the following four areas:

- **1. Skills for Learning:** Students gain skills to help themselves learn, including how to focus their attention, listen carefully, use self-talk to stay on task, and be assertive when asking for help with schoolwork.
- **2. Empathy:** Students learn to identify and understand their own and others' feelings. Students also learn how to take another's perspective and how to show compassion.
- **3. Emotion Management:** Students learn specific skills for calming down when experiencing strong feelings, such as anxiety or anger.
- **4. Problem Solving:** Students learn a process for solving problems with others in a positive way.

Your child will be learning a lot this year—and he or she will need your help! Throughout the year, your child will be bringing home Home Links that go with several of the *Second Step* lessons. Home Links are simple, fun activities for you and your child to complete together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows.

If you have any questions about the *Second Step* program, please do not hesitate to contact me for more information. Thank you for supporting your child in learning the skills that lead to success in school and in life.

Sincerely,

Julia Schleifman School Counselor Bonneville Elementary School

P.S. Make sure to join **www.secondstep.org** with your student's grade-level activation key to watch videos about the *Second Step* program and get information about what your student is learning.

Kindergarten: **SSPK FAMI LY70** 2nd Grade: **SSP2 FAMI LY72** 4th Grade: **SSP4 FAMI LY74** 1st Grade: SSP1 FAMI LY71 3rd Grade: SSP3 FAMI LY73 5th Grade: SSP5 FAMI LY75

No district employee or student shall be subjected to discrimination in employment or any district program or activity based on age, color, disability, gender, gender identity, genetic information, national origin, pregnancy, race, religion sexual orientation or veteran status. The district is committed to providing equal access and equal opportunity in its programs, services and employment including its policies, complaint processes, program accessibility, district facility use, accommodations and other Equal Employment Opportunity matters. The district also provides equal access to district facilities for all youth groups listed in the Title 36 of the United States Code, including scouting groups. The following person has been designated to handle inquiries and complaints regarding unlawful discrimination, harassment, and retaliation: Tina Hatch, Compliance and Investigations, 440 East 100 South, Salt Lake City, Utah, 84111, (801)578-8388. You may also contact the Office for Civil Rights, Denver, CO, (303)844-5695.